Automated imaging system for fast quantification of neurons, cell morphology and neurite morphometry in vivo and in vitro

Victor Tapias a,b,⁎, J. Timothy Greenamyre a,b,c,⁎⁎, Simon C. Watkins d,e

a Department of Neurology, University of Pittsburgh, USA
b Pittsburgh Institute for Neurodegenerative Diseases, University of Pittsburgh, USA
c Pittsburgh VA Healthcare System, University of Pittsburgh, USA
d Center for Biologic Imaging, University of Pittsburgh, USA
e Department of Cell Biology and Physiology, University of Pittsburgh, USA

Introduction

Neurons and glia are differentially affected by neurotoxins, neurodegenerative disease and multiple other insults, including trauma. Reliable and quantitative tools to measure neurodegeneration are needed, and the manual approaches currently used are insufficient. For neuronal analysis, it is not enough to just determine cell number; changes in cell morphology have been related to cell death and loss of neurites. Importantly, our technique counted about 8 times as many neurons in less than 5% of the time taken by manual stereological analysis.

Quantitation of neurons using stereologic approaches reduces bias and systematic error, but is time-consuming and labor-intensive. Accurate methods for quantifying neurons in vitro are lacking; conventional methodologies are limited in reliability and application. The morphological properties of the soma and neurites are a key aspect of neuronal phenotype and function, but the assays commonly used in such evaluations are beset with several methodological drawbacks. Herein we describe automated techniques to quantify the number and morphology of neurons (or any cell type, e.g., astrocytes) and their processes with high speed and accuracy. Neuronal quantification from brain tissue using a motorized stage system yielded results that were statistically comparable to those generated by stereology. The approach was then adapted for in vitro neuron and neurite outgrowth quantification. To determine the utility of our methods, rotenone was used as a neurotoxicant leading to morphological changes in neurons and cell death, astrocytic activation, and loss of neurites. Importantly, our technique counted about 8 times as many neurons in less than 5–10% of the time taken by manual stereological analysis.

© 2012 Elsevier Inc. All rights reserved.
the pathogenesis of neurodegenerative disorders and their quantitative assessment could be worthwhile for the development of effective new neuroprotective therapies.

Quantitative analysis of neurites is essential when studying factors influencing neuronal development (Brandt et al., 2007) and pathological changes related to neurodegeneration (Wu et al., 2010) or neuroprotection (He et al., 2009). The morphological properties of neurites comprise key aspects of neuronal phenotype and play essential roles in establishing neuronal network connectivity and information processing, and must therefore be measured. However, these methods tend to be manual and hence, time-consuming. Because neurons extend into space in all three dimensions, following a branching structure, a successful strategy for realistic tracing applications has to operate in 3D. In this regard, multiple different methods have been implemented with variable success (Zhang et al., 2007).

We have applied multiple dimension (XYZ) automated digital image collection methods to overcome the existing limitations for neuronal quantification and assessment of neurite morphology. We have designed and engineered an efficient automated system using an upright microscope equipped with a linear encoded motorized stage capable of quickly scanning the entire surface of a specimen and assembling up to 400 images in 4 colors into a single high resolution montage for analysis. Initial goals were to optimize system reliability and sensitivity enough to detect physiological changes in neurons and provide results at least comparable to stereology. For this study, we used rotenone, a pesticide and complex I inhibitor that induces degeneration of dopamine (DA) neurons in the substantia nigra (SN) of rat (Betarbet et al., 2000) and in primary neuronal cultures of the ventral midbrain (Gao et al., 2011).

Material and methods

Chemicals, reagents and other supplies

Chemicals and reagents were purchased as follows: Leibovitz L-15 medium, trypsin, neurobasal medium, B-27 supplement, fetal bovine serum, horse serum, l-glutamine, glutamax I, albumax I, Alexa Fluor 488, and 647 from Gibco (Invitrogen Life Technologies, Carlsbad, CA, USA). Minimum essential medium (MEM), sodium pyruvate, MEM non-essential amino acids, and penicillin-streptomycin were obtained from Mediatech Inc. (Cellgro, Manassas, VA, USA). Poly-l-lysine, hydrobromide (PDL), sucrose, bisBenzimide H 33342, fluorocein isothiocyanate (FITC), 4′,6-diamidino-2-phenylindole (DAPI), FITC, Texas red, and Cy3 secondary and biotin anti-mouse antibodies were obtained from Jackson ImmunoResearch labs, Inc. (West Grove, PA, USA). Paraformaldehyde (PFA, 96%) was bought from Electron Microscopy Sciences (Hatfield, PA, USA). Magnesium chloride (MgCl2) was ordered from Sigma Chemical Co. (St. Louis, MO, USA). Aquamount mounting media were acquired from Vector labs (Burlingame, CA, USA). Glial cell line derived neurotrophic factor (GDNF) was purchased from R&D Systems (Minneapolis, MN, USA). PFA (16%) was obtained from Warner Graham Co. (Hatfield, PA, USA). Miglyol 812N was obtained from Warner Graham Co. (Hatfield, PA, USA). Paraformaldehyde (PFA, 16%) was bought from Electron Microscopy Sciences (Hatfield, PA, USA). Magnesium chloride (MgCl2) was ordered from Ambion (Austin, TX, USA). Aquamount mounting media were acquired from Lerner labs (Pittsburgh, PA, USA). We used antibodies to mouse anti-microtubule associated protein 2 (MAP2), sheep anti-tyrosine hydroxylase (TH), mouse anti-TH, rabbit anti-glia I fibrillary acidic protein (GFAP) obtained from Millipore (Billerica, MA, USA).

Animals

Six-month-old male Lewis rats that weighed 400–450 g were purchased from Hilltop Lab Animals, Inc. (Scottsdale, PA, USA) and used for the in vivo experiments. For the in vitro study, 2- to 3-month-old female timed-pregnant Sprague–Dawley rats, shipped to our animal facility on day 14 or 15 of pregnancy, were obtained from Charles River Laboratories International, Inc. (Wilmington, MA, USA). Conventional diets and water were available ad libitum and the animals were maintained under standard conditions (in a 22±1 °C temperature-controlled room with 50–70% humidity) with a light–dark cycle of 12:12 h. The rats were randomly assigned to control and treatment groups. Housing and breeding of the animals and the experimental methods used in animal studies were approved by the Institutional Animal Care and Use Committee at the University of Pittsburgh and were carried out in accordance with published NIH guidelines.

Experimental design for neurotoxic treatment

For the in vivo experiments, rats were injected intraperitoneally with a dose of 3.0 mg/kg/day of rotenone (Cannon et al., 2009; Tapias et al., 2010); the solution was administered at 1 mL/kg. The neurotoxin rotenone was initially prepared as a 50× stock dissolved in 100% DMSO then diluted in Miglyol 812N, a medium chain fatty acid. The control animals received an equivalent volume of the 2% DMSO + 98% Miglyol vehicle. The rats were randomized into 2 groups prior to rotenone administration. Each group was comprised of 5 animals.

For the in vitro experimental model, primary ventral midbrain cultures were prepared from embryonic day 17 (E17) rats; the embryos were obtained from 2 pregnant dams. Rotenone (50 nM) or vehicle was used to treat primary cell cultures for 5 days beginning on the fifth day in vitro (DIV 5). Rotenone was freshly prepared in DMSO and diluted to the final concentration in treatment medium. Ten days after seeding (DIV 10), the cultures were fixed and processed for subsequent analysis.

Histology and brain tissue processing

The experimental endpoint was established when a potentially debilitating phenotype for the animals was observed, i.e., when clear signs of akinesia, rigidity, and postural instability were evident. Rats were euthanized by decapitation following CO2 exposure at termination. The brains were carefully and quickly removed and fixed and in 4% PFA in PBS for seven days and then cryoprotected in 30% sucrose in PBS for a minimum of 3 days until infiltration was complete. Next, brains were cut on a freezing sliding microtome into 35 μm transverse free-floating coronal sections, which were collected in 24 well-plates. Then, the sections were frozen in cryoprotectant (1 mL 0.1 M PO4− buffer, 600 g sucrose, 600 mL ethylene glycol, pH = 7.2) and maintained at −20 °C until the subsequent DAB chromogen or immunofluorescent staining assays were performed.

Primary midbrain neuron cultures

Primary cells were prepared following a previously published protocol with some modifications (Gao et al., 2002). Ventral midbrain tissues were dissected from E17 Sprague–Dawley rat brains. After removal of the meninges, the pooled ventral midbrain tissues were dissociated by mild mechanical trituration and enzymatic digestion using trypsin. Cell viability and overall cell yield were evaluated using the trypan blue assay and a hemocytometer. Resuspended cells were seeded on circular coverslips pre-coated with PDL (0.1 mg/mL) in 24-well culture plates at a density of 5×10⁴/well. Cultures were maintained at 37 °C in a humidified atmosphere of 5% CO2 and 95% air in 0.5 mL/well of MEM containing 2% heat-inactivated fetal bovine serum, 2% heat-inactivated horse serum, 1 g/L glucose, 2 mM l-glutamine, 1 mM sodium pyruvate, 100 μM non-essential amino acids, 50 μM penicillin, and 50 μg/mL streptomycin. Two days after the initial seeding, the culture medium was changed to 0.5 mL/well of fresh serum-free Neurobasal medium.
containing 2% B27 supplement, 2 mM glutamax I, 0.5 mg/ml albumax I, 50 U/ml penicillin, and 50 μg/ml streptomycin. Additionally, 50 μg/mL of GDNF per well was added to the cultures. Starting at DIV 5, the total treatment incubation time with rotenone or vehicle was 5 days (DIV 10). It was unnecessary to add an antimitic agent to the cultures because astrocytes represented only a very small population of the cultures cells.

**Immunohistochemistry**

Brain sections were stored at −20 °C in cryoprotectant. Six separate series of 35 μm coronal brain sections were obtained with a sliding microtome. Immunohistochemistry was performed as follows: for stereological counting, free-floating brain sections were rinsed in PBS 6 times for 10 min each to remove cryoprotectant. To block endogenous peroxidases, samples were incubated in 3% H₂O₂ in 0.3% Triton X-100/PBS for 30 min at room temperature (RT) followed by 3 washes in PBS. After blocking for 1 h at RT with 10% normal serum with 0.3% Triton X-100/PBS solution, the sections were incubated in a primary antibody for mouse anti-TH (#MAB318, Millipore) for DA neuron labeling at a concentration of 1:3000 for 72 h at 4 °C plus 1 h at RT to obtain optimal antibody penetration. After 3 washes in PBS, the sections were incubated for 1 h at RT in biotinylated secondary antibody (1:200; #81685, Jackson ImmunoResearch) diluted in PBS with 0.3% Triton X-100 and 1% blocking sera. The sections were rinsed in PBS 3 times and were subsequently incubated in a solution containing ABC at RT for 1 h. Following three 10 min PBS washes, the reaction was developed using DAB as a chromogen for approximate- containing ABC at RT for 1 h. Following three 10 min PBS washes, the reaction was developed using DAB as a chromogen for approximate- containing ABC at RT for 1 h. Following three 10 min PBS washes, the reaction was developed using DAB as a chromogen for approximate- containing ABC at RT for 1 h. Following three 10 min PBS washes, the reaction was developed using DAB as a chromogen for approximate- containing ABC at RT for 1 h. Following three 10 min PBS washes, the reaction was developed using DAB as a chromogen for approximate- containing ABC at RT for 1 h. Following three 10 min PBS washes, the reaction was developed using DAB as a chromogen for approximate- containing ABC at RT for 1 h. Following three 10 min PBS washes, the reaction was developed using DAB as a chromogen for approximate- containing ABC at RT for 1 h. Following three 10 min PBS washes, the reaction was developed using DAB as a chromogen for approximate-

For immunofluorescence labeling, selected sections (3–4 sections per well of a 6-well plate) were washed 3 times in PBS for 10 min and incubated with 1% Triton X-100 in PBS solution for 5 h at 4 °C. Then, sections were rinsed in PBS (3 times for 10 min each) and blocked with 0.1% serum and a permeabilizing reagent (0.3% Triton X-100) in PBS solution for 30 min at RT. Subsequently sections were incubated for 72 h at 4 °C with the following primary antibodies directed against the protein of interest, in the presence of 0.3% Triton X-100 to facilitate antibody access to the epitope: mouse monoclonal antibody for MAP2 (1:2000; #MAB378, Millipore), a cytoskeletal protein that binds to tubulin and stabilizes microtubules and is essential for the development and maintenance of neuronal morphology, was used for neuron staining. DA neurons were visualized by staining with a sheep polyclonal antibody for TH (1:2000; #AB1542, Millipore), the rate-limiting enzyme in DA syn- thesis. Rabbit polyclonal antibody stained for GFAP (1:2000; #AB5804, Millipore), a vimentin-type intermediate filament, which modulates the shape and motility of astrocyte cells. After an additional incubation in primary antibody solution for 1 h at RT, the sections were rinsed in PBS (3 times for 10 min each) to remove unreacted primary antibodies and were then incubated with secondary antibodies: Cy3-conjugated anti-sheep antibody (1:500; #713-165-003, Jackson-ImmunoResearch), Alexa Fluor-conjugated 647 anti-mouse antibody (1:500; #A31571, Invitrogen), and 488-conjugated anti-rabbit antibody (1:500; #A21206, Invitrogen) for 2 h at RT. Tissue sections were then washed twice in PBS for 10 min and H 33342 (1:3000; #B2261, Sigma-Aldrich) reagent was used as a nuclear counterstain for 5 min at RT. Finally, after 3 PBS rinses for 10 min each, the sections were mounted onto plus-coated slides and coverslipped using aqueamount mounting media.

**Unbiased stereology**

The SN was outlined on the basis of TH immunolabeling, with reference to a coronal atlas of the rat brain ([Paxinos and Watson, 1986]). An unbiased quantification of TH-immunopositive cells was evaluated by stereological counts in the SN from one hemisphere, including pars compacta and pars reticulata, using the optical dissector method ([West et al., 1991]). Optical fractionator sampling was carried out on a Zeiss Axioskop 2 plus microscope high-coupled to a MAC 5000 controller module, a high-sensitivity 3CCD video camera system (CX 9000, MFB Biosciences), and a Pentium IV PC workstation. Sampling was implemented using the Stereo Investigator software package (MicroBrightField Inc; Williston, VT, USA).

Every sixth section through the entire SN in each animal was sampled and the start point – the first section containing SN – was determined individually for each brain. An average of 11 sections per animal was used for quantification. After delineation of the SN at low magnification (10× objective, N.A. 0.32), a sampling grid was overlaid onto the traced region and individual immunostained cells were visualized using a 100× oil immersion objective (N.A. 1.4). The thickness of the sections was measured by focusing on the top of the section, setting the Z-axis to 0, and then refocusing to the bottom of the section and recording the actual thickness. Only the cells with a visible nucleus that were clearly TH-immunopositive were counted. Additionally, cells were only counted if they did not intersect with the lines of exclusion on the counting grid. The following parameters were set for cell counts: the counting frame was 45×45×13 μm (height×width×dissector height), the sampling grid was 125×125 μm, and a guard zone height of 5.4 μm was used with a sampling depth of 23.81 μm. Pilot studies were used to determine suitable counting frame and sampling grid parameters prior to counting, resulting in a rigorous estimate of nigral DA neurons. Stereological counts were coded and performed by an experimenter blinded to all surgical and treatment groups for each experiment. Note that the analyses of TH-immunoreactive profiles were restricted to the SN and thus excluded the ventral tegmental area. The coefficient of error (CE) Gunderson (m=1) values were <0.1 for all animals.

**Motorized stage imaging analysis, cell counting (neurons and astrocytes), and cell morphology**

The microscope used for these studies was an automated Nikon 90i upright fluorescence microscope equipped with 5 fluorescent channels (blue, green, red, far red and near IR), and high N.A. plan fluorescent/apochromat objectives. The studies described here were all performed using 20× objective (0.75 N.A.) for the in vivo or 10× objective (0.45 N.A.) for the in vitro experiments. Images were collected using Nikon NIS-Elements software and a Q-imaging Retiga cooled CCD camera. The stage was scanned using a Renishaw linear encoder microscope stage (Prior Electronics). For both in vivo and in vitro experiments, neuronal counting was performed by a single trained investigator. All slides were scanned under the same conditions for magnification, exposure time, lamp intensity and camera gain. Quantitative analysis was performed on fluorescent images generated in 4
fluorescent colors (stained for MAP2, TH+, GFAP and H 33342). Although the entire surface of the sample was quickly scanned for both in vivo and in vitro studies, the SN was delineated as an active ROI for the in vivo studies and the central region of the coverslip (excluding the edges to eliminate some cell aggregation and fluorescence saturation) was used for in vitro analysis (~75% of the total area).

For neuronal (MAP2 and TH+ neurons) and astrocyte (GFAP) counting, images were stitched with NIS-Elements, following background subtraction and thresholding for each individual channel. Then, colocalization and subsequent exclusion are necessary steps (for instruction see Movie S1). Notably, images acquired before (A 1–4 and B 1–4) and after thresholding (A 5–8 and B 5–8) are illustrated in Fig. S1.

For in vivo DA quantitative assessments of morphological changes, widefield fluorescent images were acquired using a PlanApo 60× oil-immersion objective (1.45 N.A.) and the analysis in terms of shape and area was done using MetaMorph package. The shape factor value varies from 0 to 1, where 0 indicates a flattened object whereas 1 indicates a perfect circle. Selection of an appropriate background and shading correction as well as application of a median (smoothing) filter object minimize noise of the images, allowing for more accurate analysis of overall trends in elongation. Morphological quantitation in vitro could not be successfully performed because the particularly small size and resolution of the primary neuronal cultures at DIV 10 (including at 60×).

Neurite morphometry in vivo and in vitro

The same samples were also used to measure neuronal patterning and connections using the FilamentTracer module of Imaris (Bitplane), which facilitates 3D neuron reconstruction (see Movies S2 and S3). The Cy3 (TH) channel was utilized to evaluate in vivo DA neurite length, the number of segments, and the number of branches in the SN pars compacta brain region. A systematic region of interest (ROI) delineation, using a sampling grid (of 8 squares) which basically comprises the entire SNpc of the sample, was utilized for an unbiased neurite examination. However, due to the low percentage of DA neurons in cultures, the Cy5 (MAP2) channel was used to evaluate neurite morphometry in vitro. For unbiased analysis, a large area equivalent to two squares (comprised of 20 sub-squares each) was consistently selected in the center of the image. Each sub-square corresponds to 0.5 mm; thus the total area (A = XY) measured was determined to be 10 mm2. Afterwards, the only parameters that required manual introduction were the size and the length of the neurites. For parity, image assessment must use identical grid dimensions.

Data analysis

All data were expressed as mean values ± S.E.M. Differences between normally distributed means were evaluated by a one-tailed Student’s t-test for two group comparisons. Parametric one-way analysis of variance (ANOVA) with the Bonferroni post-hoc correction was performed to determine pairwise comparisons amongst multiple data sets. Statistical analysis was carried out using GraphPad Prism 5 software. For all tests, \( P < 0.05 \) was deemed significant.

Results

Quantitative comparison of unbiased stereology to the motorized stage method

A key feature of the neuropathology of Parkinson’s disease (PD) is the loss of dopamine (DA) neurons in the substantia nigra (SN). Systemic administration of neurotoxins, such as rotenone, 6-OHDA or MPTP, induces degeneration of tyrosine hydroxylase-containing (TH+) cell bodies and processes (Betarbet et al., 2000; Kirik et al., 2000; Przedborski et al., 1996; Tapias et al., 2010). To evaluate the number of TH-immunopositive neurons and to study the pathophysiological changes after rotenone administration, SN sections from rat midbrain were immunostained for stereology using DAB as the chromagen for TH-immunoreactivity (Fig. 1). Low magnification (2×) (Figs. 1A, B, E and F), but especially higher magnification (10×) images of the dorso-lateral region of SN, showed a robust decrease of cell bodies and processes after rotenone treatment (Figs. 1G and H) compared to untreated animals (Figs. 1C and D).

For fluorescence microscopy, the same rat brains that were used for DAB staining were selected. Importantly, to allow for maximum comparison between both DAB and immunofluorescence staining, SN sections from adjacent wells were utilized. Images were acquired on an automated Nikon 90i widefield microscope equipped with a linear encoded motorized stage using a 20× dry objective. An antibody against MAP2, a somatodendritic marker that plays a key role in neuronal growth, plasticity and degeneration was used as a generic neuronal marker (red, Figs. 1I1, J1). For selective DA neuron labeling, a TH antibody was utilized (green, Figs. 1I2, J2). A GFAP antibody was used for detection of physiological modifications in astrocytes (cyan blue, Figs. 1I3, J3). Finally, Hoechst 33342 – a membrane-permeable, adenosine-thymine-specific fluorescent stain – was used to counterstain the nuclei of cells (navy blue, Figs. 1I4, J4). Montaged micrographs revealed a substantial decrease in the number of cell bodies and processes, reduced staining intensity of MAP2 and TH+, and enhancement of the astrogial marker GFAP after rotenone exposure. The motorized stage method used here was readily able to detect toxin-induced physiological modifications (Figs. 1J1–4) compared to vehicle treatment (Figs. 1I1–4).

As a measure of the integrity of the midbrain nigrostriatal DA system, quantification of the number of TH-immunoreactive neurons was determined using both stereology and the motorized stage method (Fig. 1K). Our rotenone systemic treatment (3.0 mg/kg/day) resulted in a bilateral lesion to the nigrostriatal dopamine system and previous studies did not reveal any significant differences in the number of neurons between left- and right-hemisphere. Baseline values of DA neurons/hemisphere were virtually identical with the 2 techniques (22880 ± 1121 vs. 23670 ± 1143, stereology vs. motorized stage). Similarly, quantification of rotenone-induced cell loss showed no statistically significant differences between the methods (12820 ± 469 vs. 11590 ± 953, stereology vs. motorized stage). The numbers of TH+ cells that were actually counted per animal are provided in Table 1, while the estimates of the total number of TH+ cells per hemisphere are shown in Table 2. These data depict a rotenone-induced loss of 44–49% of DA neurons (\( P = 0.4131 \); stereology vs. motorized stage) consistent with a previous report using stereology (Cannon et al., 2009).

In order to test whether our motorized stage system is capable of quantitating different cell types and additionally, to corroborate if it is sensitive enough to detect physiological alterations, GFAP-positive cells were also evaluated in nigral rat sections (1L); as depicted by the representative fluorescence images (I3 and J3), significant changes in the number of astrocytes were observed following rotenone exposure compared to the control group (32230 ± 2069 vs. 25500 ± 2042, respectively; \( P < 0.05 \)). Table 3 shows the number of GFAP+ cells counted per animal; Table 4 illustrates the estimates of the total number of astrocytes per hemisphere. A ~30% increase above the control levels of GFAP was detected in the SN rotenone-treated rats.

Importantly, in this proof-of-concept study, the motorized stage technique counted about 8 times as many neurons compared to the optical fractionator. Furthermore, if the average time per section for stereological counting cell number equals up to 1 h (11 sections × 5 animals = 3300 min total) and the time per individual section taken for cell quantitation using the motorized stage approach is around 3 min (11 sections × 5 animals = 165 min total), around 1/10th–1/20th of the time required for stereology is needed for the motorized stage system.
In the present paper, unbiased stereological estimation of the total number of cells (N) was evaluated using the optical fractionator method (West et al., 1991); to calculate the total number of cells using the motorized stage approach the same equations were applied but some modifications were introduced (Fig. 2A). The estimated total number of cells (N) is a multiplication between the cells counted ($CN = \sum Q\bar{c}$) and the reciprocal of the volume fraction, which in turn, is a multiplication of three factors: (1) the area sampling fraction, (2) the area sampling fraction, and (3) the number of sections counted.

Table 1: Number of TH+ cells counted per animal.

<table>
<thead>
<tr>
<th>Animal</th>
<th>Stereology Vehicle</th>
<th>Stereology Rotenone</th>
<th>Motorized stage Vehicle</th>
<th>Motorized stage Rotenone</th>
</tr>
</thead>
<tbody>
<tr>
<td>#1</td>
<td>307</td>
<td>144</td>
<td>1818</td>
<td>1385</td>
</tr>
<tr>
<td>#2</td>
<td>241</td>
<td>164</td>
<td>2061</td>
<td>1288</td>
</tr>
<tr>
<td>#3</td>
<td>213</td>
<td>179</td>
<td>1953</td>
<td>1125</td>
</tr>
<tr>
<td>#4</td>
<td>264</td>
<td>161</td>
<td>2098</td>
<td>1157</td>
</tr>
<tr>
<td>#5</td>
<td>225</td>
<td>179</td>
<td>2343</td>
<td>995</td>
</tr>
</tbody>
</table>

Table 2: Estimated total number of TH+ cells per hemisphere.

<table>
<thead>
<tr>
<th>Animal</th>
<th>Stereology Vehicle</th>
<th>Stereology Rotenone</th>
<th>Motorized stage Vehicle</th>
<th>Motorized stage Rotenone</th>
</tr>
</thead>
<tbody>
<tr>
<td>#1</td>
<td>23,134</td>
<td>11,785</td>
<td>21,481</td>
<td>14,341</td>
</tr>
<tr>
<td>#2</td>
<td>20,214</td>
<td>12,737</td>
<td>26,010</td>
<td>12,933</td>
</tr>
<tr>
<td>#3</td>
<td>20,936</td>
<td>14,335</td>
<td>20,394</td>
<td>11,699</td>
</tr>
<tr>
<td>#4</td>
<td>26,582</td>
<td>11,932</td>
<td>25,592</td>
<td>9462</td>
</tr>
<tr>
<td>#5</td>
<td>23,556</td>
<td>13,321</td>
<td>24,862</td>
<td>9529</td>
</tr>
</tbody>
</table>

Fig. 1. Comparison of unbiased stereological neuron counts using the motorized stage method and stereology. Thirty-five μm coronal midbrain sections at the level of the SN were collected and processed for DAB staining. Representative micrographs at 2× magnification of TH-immunoreactive neurons in animals injected with vehicle (A and B) or treated with rotenone (E and F) are shown. Higher magnification (10×) provides a more precise appreciation of both the loss and fragmentation of TH+ neurons and their processes following rotenone administration (3.0 mg/kg/day) (G and H) when compared with vehicle-treated rats (C and D). Scale bar for low magnification images = 500 μm; scale bar for high magnification images = 50 μm. Serial sections from the brains used for DAB staining (A-H) were fluorescently immunolabeled and analyzed (at 20×) using the motorized stage approach. The sensitivity of this approach in assessing the phenotype of neurons and astrocytes is equivalent to or greater than the manual stereologic approach. For example, when comparing sections following rotenone treatment (J) as opposed to vehicle (I), there is a decrease in neuronal immunoreactivity (both MAP2 (J1 vs. I1) and TH+ (J2 vs. I2)) and increased astrogliosis (J3 vs. I3). Red: MAP2; green: TH; cyan blue: GFAP; navy blue: H 33342. Scale bar=500 μm. For neuronal quantification (K), the total number of TH-immunopositive cell bodies was estimated in SN (both pars reticulata and pars compacta) by stereology (at 100×) and using the motorized stage method (at 20×) for comparison. For data acquisition, the optical fractionator was used for stereology and NIS-Elements software was employed for the motorized stage approach as described in the methods section. GFAP expression was examined utilizing the motorized stage setup to measure GFAP-positive astrocytes (L). Results are expressed as the mean ± S.E.M. of 5 rats per group. Note significant loss of SN neurons and astrocytosis in rotenone-treated rats compared to control animals.

Mathematical model for estimation of the total number of DA neurons

Using the motorized stage approach the same equations were applied but some modifications were introduced (Fig. 2A). The estimated total number of cells (N) is a multiplication between the cells counted ($CN = \sum Q\bar{c}$) and the reciprocal of the volume fraction, which in turn, is a multiplication of three factors: (1) the area sampling fraction, (2) the area sampling fraction, and (3) the number of sections counted.

Table 1: Number of TH+ cells counted per animal.

<table>
<thead>
<tr>
<th>Animal</th>
<th>Stereology Vehicle</th>
<th>Stereology Rotenone</th>
<th>Motorized stage Vehicle</th>
<th>Motorized stage Rotenone</th>
</tr>
</thead>
<tbody>
<tr>
<td>#1</td>
<td>307</td>
<td>144</td>
<td>1818</td>
<td>1385</td>
</tr>
<tr>
<td>#2</td>
<td>241</td>
<td>164</td>
<td>2061</td>
<td>1288</td>
</tr>
<tr>
<td>#3</td>
<td>213</td>
<td>179</td>
<td>1953</td>
<td>1125</td>
</tr>
<tr>
<td>#4</td>
<td>264</td>
<td>161</td>
<td>2098</td>
<td>1157</td>
</tr>
<tr>
<td>#5</td>
<td>225</td>
<td>179</td>
<td>2343</td>
<td>995</td>
</tr>
</tbody>
</table>

Table 2: Estimated total number of TH+ cells per hemisphere.

<table>
<thead>
<tr>
<th>Animal</th>
<th>Stereology Vehicle</th>
<th>Stereology Rotenone</th>
<th>Motorized stage Vehicle</th>
<th>Motorized stage Rotenone</th>
</tr>
</thead>
<tbody>
<tr>
<td>#1</td>
<td>23,134</td>
<td>11,785</td>
<td>21,481</td>
<td>14,341</td>
</tr>
<tr>
<td>#2</td>
<td>20,214</td>
<td>12,737</td>
<td>26,010</td>
<td>12,933</td>
</tr>
<tr>
<td>#3</td>
<td>20,936</td>
<td>14,335</td>
<td>20,394</td>
<td>11,699</td>
</tr>
<tr>
<td>#4</td>
<td>26,582</td>
<td>11,932</td>
<td>25,592</td>
<td>9462</td>
</tr>
<tr>
<td>#5</td>
<td>23,556</td>
<td>13,321</td>
<td>24,862</td>
<td>9529</td>
</tr>
</tbody>
</table>
(ASF), (2) the height sampling fraction (HSF), and (3) the section sampling fraction (SSF). For stereology, the $\sum Q^i$ is equivalent to the number of counts made in the counting frame of the optical fractionator for each individual section, while for the motorized stage technique, it is the total number of neurons determined in the delineated ROI from the SN. The ASF is different depending on the assay: for stereology, ASF corresponds to the sampling grid area (XY) ($\mu^m$), i.e., the ratio between the counting frame area (XY) and the sampling grid area (XY) while for the motorized stage approach, the value equals 1 (the entire SN was analyzed). The stereological HSF value was calculated as the ratio between the dissector height (Z) ($\mu$) and the mean section thickness ($\mu$) of the tissue. However, due to the lack of an optical fractionator for the motorized stage system, we estimated the height of the cells (using MetaMorph software) relative to the thickness of the sample. The SSF, which corresponds to the section interval, remains unchanged for both techniques.

Coefficient of error determination for total neurons counted

The precision of the measures were expressed by the coefficient of error (CE), a measurement of random error introduced due to sampling, noise, counting, and measuring procedures (Fig. 2B). CE was assessed by a single-sample prediction formula developed initially by Matheron (1971) and further elaborated upon by Gundersen and Jensen (1987). The CE is calculated as the ratio between the square of the total variance and the total numbers of neurons counted ($CE=\sqrt{Total Var/CN}$). The variance of the total area is defined as the sum of the counted neurons ($CN=\sum_{i=1}^{n} Q^i$) and the variance of the area in the systematic random sampling ($VAR_{SRS}$). In fact, these data give information on the sufficient section number required to obtain an appropriate variation for section samples. In the intersectional variability due to systematic random sampling, $A$ is the sum of squares of all counts from all sections $\left(\sum_{i=1}^{n} (Q^{i-1} - Q^{i+1})^2\right)$; $B$ is the sum of the product of the number of neurons counted in each section and the number of neurons counted in the next section $\left(\sum_{i=1}^{n} (Q^{i-1} Q^{i+1})\right)$; and $C$ is the sum of the products of counts in section $i$ and the counts in section $i+2$ $\left(\sum_{i=1}^{n} (Q^{i-1} Q^{i+3})\right)$. Hence, $VAR_{SRS}=(3(A-CN)-4B+C)/12$, where $\alpha=12$ for a smoothness factor of 0 ($m=0$) and $VAR_{SRS}=(3(A-CN)-4B+C)/240$, where $\alpha=240$ for a smoothness factor of 1 ($m=1$).

The empirical calculation of the CE ($CE=\text{S.E.M.}/\text{mean}$) for the number of neurons was estimated for stereology (Table S1) and also for the motorized stage methodology (Table S2). The CE for GFAP$^+$ cell counting using the motorized stage approach was also determined (Table S3). For all animals, CN, VAR$_{SRS}$, Total Var, and CE are shown. Data were estimated for $m=0$ and $m=1$ values for vehicle and rotenone-treated animals. CE values for the individual estimates for stereology ranged from 0.06 to 0.11 with an overall average of approximately 0.08 when $m=0$, and a range from 0.06 to 0.08 with an overall average of approximately 0.07 when $m=1$. However, although the variability of the CE is higher for motorized stage, ranging from 0.05 to 0.13, the overall average is practically the same (0.07) when $m=0$; but, when the value was $m=1$, both the variability of the CE (0.02–0.04) and the overall average (0.03) are significantly lower than the corresponding values for stereology, indicating a high degree of precision. The precision of the measure of the number of cells is related to the distribution and the homogeneity of the neurons along the sampling axis and is influenced by the number of sections employed. A total number of approximately 50 sections were obtained when serial $35 \mu m$ coronal brain sections were cut through the SN ($-4.52$ to $-6.30 \text{ mm, bregma coordinates}$) according to the Paxinos and Watson atlas (Paxinos and Watson, 1986). Given that the average number of sections evaluated was $11$, around $22\%$ of the SN area was sampled for both methods.

### Table 3

<table>
<thead>
<tr>
<th>Animal</th>
<th>Vehicle</th>
<th>Motorized stage</th>
</tr>
</thead>
<tbody>
<tr>
<td>#1</td>
<td>1847</td>
<td>3027</td>
</tr>
<tr>
<td>#2</td>
<td>2067</td>
<td>2607</td>
</tr>
<tr>
<td>#3</td>
<td>2767</td>
<td>3292</td>
</tr>
<tr>
<td>#4</td>
<td>2088</td>
<td>2480</td>
</tr>
<tr>
<td>#5</td>
<td>1610</td>
<td>2512</td>
</tr>
</tbody>
</table>

### Table 4

<table>
<thead>
<tr>
<th>Animal</th>
<th>Vehicle</th>
<th>Motorized stage</th>
</tr>
</thead>
<tbody>
<tr>
<td>#1</td>
<td>24,674</td>
<td>35,503</td>
</tr>
<tr>
<td>#2</td>
<td>24,124</td>
<td>33,946</td>
</tr>
<tr>
<td>#3</td>
<td>32,554</td>
<td>37,070</td>
</tr>
<tr>
<td>#4</td>
<td>26,184</td>
<td>27,449</td>
</tr>
<tr>
<td>#5</td>
<td>19,969</td>
<td>27,159</td>
</tr>
</tbody>
</table>

In vitro fluorescence microscopy using the motorized stage setup

Representative photomicrographs from primary cultures are shown in Fig. 3. It is noteworthy that our culture system using mid-brain rat neurons increases the percentage of DA neurons to $5\%$ at DIV 10, compared to published studies from other groups utilizing rat mesencephalic neuron-glia cultures which contained $\sim 1\%$ (Chen et al., 2006; Zhang et al., 2006) or $\sim 3\%$ (Gao et al., 2002) of DA neurons at DIV 7. Beginning at DIV 5 after seeding, the cells were treated with $50 \text{ nM rotenone for 5 days}$ and were fixed and labeled on in vitro
day 10. The motorized stage method was used to acquire images from the entirety of single coverslips. Visualization of the images at original size (Figs. 3A and B) and at 10× zoom shows neurons (Figs. 3A1 and B1 for MAP2; A2 and B2 for TH+), astrocytes (Figs. 3A3 and B3) and nuclei (Figs. 3A4 and B4).

To quantify the number of neurons in midbrain primary cultures, counts were made using the motorized stage technique (see Movie S1). The total number of neurons was assessed as a colocalization of H 33342 and MAP2; DA neurons were determined when H 33342, S1). The total number of neurons was assessed as a colocalization of TH-immunoreactive cells in both rotenone and vehicle groups. (E) Determination of the percentage of TH+ neurons, calculated as the ratio between TH-immunopositive cells and total number of neurons (MAP2). *** P<0.0001, compared to vehicle, one-tailed Student’s t-test. The average of 5 independent experiments was obtained for cell counting, performed in n=9–18 wells per experiment; data are expressed as mean±S.E.M.

Quantitative neuronal morphology

The structural changes elicited in TH+ neurons of rats are shown in Fig. 4. Identical brain sections that were previously used for estimating the total number of neurons were assessed to determine cell (TH+) morphology. Images of the SNpc depicted a substantial variation in the morphology of neurons after chronic rotenone exposure, specifically in the shape of the TH-immunoreactive degenerating neurons (Figs. 4E and F) compared to control neurons (Figs. 4A and B). Zoomed-in views of neurons lead to a better appreciation of changes in cell shape in which rotenone-treated DA neurons appear elongated (Figs. 4C and D vs. G and H). For quantification, images were stitched using our motorized stage system and analyzed with MetaMorph; quantitative structural data at high magnification (60X) revealed a reduction in the ‘shape factor’ value of SN TH-immunoreactive neurons (Fig. 4I, ~48%; P=0.0075). However, no statistically significant changes in the area of DA neurons were observed when comparing untreated and treated groups (Fig. 4J). These results suggest that rotenone causes DA neuron morphological alteration (and presumably functional impairment) prior to cell death.

Neurite morphometry

The earliest pathological feature of rotenone neurotoxicity is a loss of distal processes (jiang et al., 2006). For the in vivo study, DA neurons from the SN pars compacta region (corresponding to the same rat brain sections utilized for neuron counting) were examined by focusing on the TH+ channel (Figs. 5A and B). Rotenone-treated rats exhibited a significant decrease in TH+ neurite length per neuron (Fig. 5C, 135±14 vs. 213±17 μm, P=0.0079), number of neurite segments (Fig. 5D, 4±0.5 vs. 7±0.6, P=0.0103) and in the number of branches (Fig. 5E, 1.8±0.2 vs. 3.2±0.3, P=0.0093) compared to the vehicle group.

The same cultures examined for neuronal quantification were also used to assess the neurite architecture in vitro (Fig. 6). However, as midbrain cultures contain a low percentage of DA neurons and exhibit a heterogeneous spatial distribution of cells, quantification of DA neurite outgrowth is exceedingly difficult and could be inaccurate, impeding the possibility of creating a consistent sampling grid; thus, the MAP2 channel was used for overall neurite morphometry evaluation (Figs. 6A–D). Under control conditions, total neurite length was 95±4 μm/neuron and was reduced by 17% to 79±4 μm (Fig. 6E; P=0.0306) following rotenone treatment. The numbers of neurite segments and branches were also adversely affected by rotenone, being reduced by 38% (P=0.0040) and 40%, respectively (P=...
0.0016) (Figs. 6F and G). These results reveal remarkable effects of rotenone even on surviving neurons.

**Discussion**

As described in the Neuron Doctrine, which was developed primarily by Cajal, a neuron is an anatomically and functionally individual cell unit, constituted by soma, axon, and neurites (Ramón y Cajal, 1888). Thus, for assessment of neuroprotection and/or neurotoxicity, neuronal structure (morphology) and counts, as well as quantification and morphometry of neurites are essential, albeit difficult.

Quantitative unbiased stereology has become the accepted method for post-hoc cell counting; however, it is extremely labor-intense. Here, we present novel automated techniques which are capable of analyzing approximately 8 times as many neurons in less than 5–10% of the time taken using the optical fractionator stereological method. We have modified the mathematical model utilized by West et al. (1991) to quantify features of interest, yielding results essentially identical to those obtained by stereology, in terms of the baseline number of DA neurons. The observed difference in the number of neuron counts between the motorized stage and stereology methods is accounted by the fact that the method developed here quantifies the entire surface of the study sample (i.e., SN) whereas the optical fractionator provides a systematic random sampling paradigm. Although we used guard zones in conformance with established stereological methods, these are not necessary for the motorized stage setup; guard zones define the upper and lower limit of the sample in the Z-axis for the counting frame (West et al., 1991). It has been reported that because tissue shrinkage may influence the sample thickness, application of guard zones could be inconsistent (Carlo et al., 2010). The tissue processing methods (staining and mounting protocols) utilized for DAB and immunofluorescence procedures differ, and tissue shrinkage for immunofluorescence is not a significant issue. Moreover, our system does not utilize an optical fractionator but is not likely to provide redundancy in cell counting; the physical process of image collection with the stage scanning system by its very nature ensures that every object is only counted once. In the system described here, there is a 15% overlap between frames to ensure that nothing is missed; however, during the computer stitching of the frames, the overlaid regions are automatically removed such that there is not possibility of redundant (double) counts. Additionally, guard zones in the Z-axis are unnecessary as the images are collected in the middle of the section for each sample.

**Fig. 4.** Alterations in DA neuron morphology in response to rotenone. Confocal micrographs (60×) of nigral sections stained for TH illustrate cell morphology in an untreated group (A and B) as compared to a rotenone-treated group (E and F). Zoomed images show distinct morphological changes after rotenone administration in terms of shape, leading to elongation (C and D vs. G and H). Neuron morphologic features were measured using MetaMorph software. For cell shape analysis, a shape factor of 1 represents a circular object while a 0 value indicates a straight line (I). Although degenerating TH-immunoreactive neurons undergo changes in shape factor, quantification of area does not show any significant variations (J).
Although the method was exclusively applied in the SN brain region for cell estimation – specifically neurons and astrocytes – the motorized stage system is amenable and efficient for determination of quantification of any cell type, not only in several major brain areas (e.g. striatum, cortex, hippocampus, etc.) but also in sections from other tissues. Correspondingly, a wide range of cell cultures can be analyzed using our approach.

To avoid methodological sampling error, the precision of estimates was represented by the CE, which can be expressed by two different values: \( m = 0 \) and \( m = 1 \). Most biological tissues are a structural continuum without abrupt changes in structure, conventionally described by the \( m = 1 \) smoothing class (Gundersen et al., 1999). Thus, when the \( m = 1 \) class was utilized in our study, the CE was \(-2.5\)–3-fold lower for samples examined by the motorized stage technique compared to stereology, demonstrating a high methodological accuracy. Furthermore, after analyzing about 22% of the total SN area, the small variation in CE between samples implies an improved degree of consistency with our motorized stage setup.

Cultured neurons grow, extend processes, and exhibit some of the standard characteristics of neurons in vivo. Because of a lack of sensitive tools to determine cell counts in vitro we propose that our motorized stage system is a comprehensive framework to analyze and quantify neurons in culture. Additionally, the motorized stage tool is capable of scanning the entire surface of the sample which greatly improves sensitivity and precision. Thus we were able to accurately and quickly estimate the number of TH-immunoreactive neurons following high resolution image acquisition using this novel approach.

Through our motorized stage setup, we were also able to determine the morphology of DA neurons in the entire SN in a single step procedure. This measurement revealed distinct abnormalities in both shape (elongation) and soma staining intensity, which suggests functional neuronal impairment prior to cell death in these animals. Interestingly, morphological changes, including reduced neuronal diameter, have been reported in nigral neurons from PD cases (Ma et al., 1996).

The neuronal network has adaptive properties, with synaptic plasticity occurring at both functional and structural levels (Bliss and Collingridge, 1993). Under pathological conditions, including Parkinson’s, Alzheimer’s, and Huntington’s disease, autism, and schizophrenia (Lepagnol-Bestel et al., 2008; Liu et al., 2001; Ma et al., 2011; Orr et al., 2008; Petratos et al., 2008), morphological changes in neurites are evident at early stages, before neuronal loss, and their analysis and quantitation provide insights into brain function, as well as sensitive tools to study neuroprotection and/or neurodegeneration. A considerable number of algorithms for neurite outgrowth reconstruction have been proposed. Stochastic segmentation and skeletonization algorithms were initially proposed (Cohen et al., 1994), but were subject to high noise due to artifactual surface irregularities in the image. Based on vectorial tracking methods, neurites can be detected by automatically calculating neurite seed points which are originally created by line searches over a coarse grid (Al-Kofahi et al., 2002; Zhang et al., 2007). Although the algorithms employed in vectorial tracking approaches are faster and more precise compared to those used in the skeletonization, they are unable to suitably identify centerlines in branched areas. Therefore, a proposed improved version of the algorithm accounted for discontinuities and curvatures in the boundaries (Al-Kofahi et al., 2003), but a significant number of inconspicuous faint neurites and a combination of an automated/manual approach remain important limitations.

Based on the fact that neurons extend spatially into all three dimensions analogous to a branching tree structure, a successful strategy for accurate tracing applications has to operate in 3D. An extension of the live-wire algorithm in 2D proposed by Meijering et al. (2004)...
was adjusted for 3D semi-automated analysis (Zhang et al., 2008). In this technique, investigator needs to introduce a starting point; thereafter, the algorithm automatically selects the subsequent starting and ending points. Common software including Neurolucida, NeuronJ, and NeuriteQ is only operative in 2D or use manual tracing, which is time-consuming and error-prone. The V3D-Neuron and more recently, the Simple Neurite Tracer applications, afford a semi-automatic neuron tracing in 3D (Longair et al., 2011; Peng et al., 2010); however, a starting point and successive points along the dendritic tree must be manually determined, which can be time-consuming. The Imaris tracing algorithm is an exploratory tracing system based on the concepts used in NeuronJ, but Bitplane extended it to work in 3D and further optimization for better centering and branch point placement (and diameter detection) was developed. Specifically, the Filament tracer package enables optional refinement of neurite skeleton using a deformable curve algorithm that fits the path as near as possible to the center of the image and may lead to an optimal work flow that estimates with major precision the radius of the traced neurite along this skeleton.

Therefore, because most manual or semi-automated measurements of neurite morphology used to date are time-consuming, tedious, and potentially subject to observer bias, the process is potentially non-reproducible. To overcome these challenges, quantitative analyses of neuronal patterning and connections were performed in the same high resolution immunofluorescence images of rat SN sections and ventral midbrain cultures that were utilized and post-processed for neuronal quantification.

To study the sensitivity and utility of the motorized stage technique, the response to the neurotoxin rotenone was assessed. Previous studies have demonstrated that systemic administration of rotenone leads to neurodegeneration of the rat nigrostriatal system (Betarbet et al., 2000; Cannon et al., 2009) and also induces neuronal death in DA neuron-glia cultures from ventral midbrain (Gao et al., 2011). As expected, rotenone had a detrimental effect, reducing the number of DA neurons both in vivo and in vitro and causing shrinkage of neuronal processes. As noted, exposure to rotenone also induced significant nigral neuronal morphological changes. Moreover, while rotenone has previously been reported to cause microglial activation in vivo (Sherer et al., 2003), in this work, we have also demonstrated for the first time, a rotenone-associated astrocytosis. These levels correspond well to the mild increase of astrocytes observed in the brains of postmortem human specimens (Damier et al., 1993).

In summary, we report that our system, which combines readily available hardware and software, aptly overcomes many of the hurdles encountered in analyzing multidimensional tissues and cultures accurately and reliably. One of the most valuable features of the approach described here is that the precision of estimates made in distinct applications can be evaluated in a straightforward manner. In contrast to the majority of contemporary methods, which are unsuitable or cumbersome, we report a simple, fast and sensitive assay to quantify neurons – or any cell type – and their processes both in vitro and in vivo as well as to determine cell morphology in vivo.

Supplementary data to this article can be found online at http://dx.doi.org/10.1016/j.nbd.2012.11.018.

Acknowledgments

This work was supported by the JPB Foundation, NIH grants P01 NS059806 (JTG), RC1 ES018058 (JTG), and U54 GM103529 (ASW/SCW), and the American Parkinson Disease Association (JTG), and the Fulbright Commission, Ministry of Education and Science, Madrid,

![Image](https://via.placeholder.com/150)
Spain (Fulbright Fellowship to VT). We would like to thank Xiaoping Hu for assistance with cell culture, Dr. Mastroberardino for his contributory commentaries, and Terina Martinez for editing early drafts of this manuscript.

Disclosure statement

There are no actual or potential conflicts of interest, including any financial, personal or other relationships with people or organizations during the development of the work submitted.

References


Zhang, W., et al., 2006. 3-Hydroxymorphinan, a metabolite of dextromethorphan, protects nigrostriatal pathway against MPTP-elicited damage both in vivo and in vitro. FASEB J. 20, 2490–2511.